



## CLIENT INFORMATION AND HEALTH HISTORY

### PERSONAL INFORMATION

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you find me? \_\_\_\_\_ If referred, by whom? \_\_\_\_\_

### SKIN HISTORY

Have you ever had a facial or body treatment before?  No  Yes

If yes, when and what treatment: \_\_\_\_\_

What areas of concern do you have regarding your skin? (Check all that apply)

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Dehydrated          | <input type="checkbox"/> Flaky              | <input type="checkbox"/> Redness       | <input type="checkbox"/> Uneven Tone         |
| <input type="checkbox"/> Rough               | <input type="checkbox"/> Acne/Breakouts     | <input type="checkbox"/> Large Pores   | <input type="checkbox"/> Normal              |
| <input type="checkbox"/> Dry/Dull            | <input type="checkbox"/> Broken Capillaries | <input type="checkbox"/> Sensitivity   | <input type="checkbox"/> Oily/Shiny          |
| <input type="checkbox"/> Sun Damaged         | <input type="checkbox"/> Dark Circles       | <input type="checkbox"/> Scarred       | <input type="checkbox"/> Under Eye Puffiness |
| <input type="checkbox"/> Wrinkles/Fine Lines | <input type="checkbox"/> Crows Feet         | <input type="checkbox"/> Discoloration | <input type="checkbox"/> Rosacea             |

What is your current skin care routine? (Check all that apply)

- |                                      |                                      |                                      |  |
|--------------------------------------|--------------------------------------|--------------------------------------|--|
| <input type="checkbox"/> Cleanser    | <input type="checkbox"/> Serum       | <input type="checkbox"/> Makeup      | <input type="checkbox"/> Mask              |
| <input type="checkbox"/> Toner       | <input type="checkbox"/> Lotion      | <input type="checkbox"/> Shower Gel  | <input type="checkbox"/> Soap & Water Only |
| <input type="checkbox"/> Moisturizer | <input type="checkbox"/> Eye Product | <input type="checkbox"/> Exfoliation | <input type="checkbox"/> Daily Sunscreen   |

Any specific product line you like to use? \_\_\_\_\_

Have you used an acne medication?  No  Yes, when? \_\_\_\_\_ Which one(s)? \_\_\_\_\_

Do you use Retin-A, Renova, Adapalene Hydroxyl Acid, Retinol or Vitamin A derivative products?  No  Yes

If yes, please describe: \_\_\_\_\_

Have you used any of the products above in the last 3 months?  No  Yes

Have you ever had an adverse reaction to any skin care treatment or product?  No  Yes

If yes, please explain: \_\_\_\_\_

Have you ever had eczema or psoriasis?  No  Yes (Circle which one)

Do you have a personal or family history of skin cancer?  No  Yes, relationship to you? \_\_\_\_\_

### HEALTH HISTORY

Have you had any of the following health conditions in the past or present? (Check all that apply)

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> High Blood Pressure  | <input type="checkbox"/> Lupus             | <input type="checkbox"/> Cold Sores           | <input type="checkbox"/> Blood Clotting Issues   |
| <input type="checkbox"/> Low Blood Pressure   | <input type="checkbox"/> Epilepsy          | <input type="checkbox"/> Chronic Headaches    | <input type="checkbox"/> Sinus Problems          |
| <input type="checkbox"/> Spinal Injury        | <input type="checkbox"/> Herpes            | <input type="checkbox"/> Nervous Condition    | <input type="checkbox"/> Asthma                  |
| <input type="checkbox"/> Thyroid: Hyper       | <input type="checkbox"/> Hepatitis B       | <input type="checkbox"/> Poor circulation     | <input type="checkbox"/> Sunburn                 |
| <input type="checkbox"/> Thyroid: Hypo        | <input type="checkbox"/> Hepatitis C       | <input type="checkbox"/> Skin Disease/Lesions | <input type="checkbox"/> Claustrophobia          |
| <input type="checkbox"/> Hysterectomy         | <input type="checkbox"/> HIV/AIDS          | <input type="checkbox"/> Fever                | <input type="checkbox"/> Oedema                  |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Mononucleosis     | <input type="checkbox"/> Cold/Flu             | <input type="checkbox"/> Osteoporosis            |
| <input type="checkbox"/> Heart Problems       | <input type="checkbox"/> Tuberculosis      | <input type="checkbox"/> Kidney Problems      | <input type="checkbox"/> Cuts/Bruises            |
| <input type="checkbox"/> Arthritis/Nerve Pain | <input type="checkbox"/> Hormone Imbalance | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Psychological Condition |
| <input type="checkbox"/> Varicose Veins       | <input type="checkbox"/> Seizure Disorder  | <input type="checkbox"/> Slipped Disc         |  |

Provide additional information or any condition I have not listed: \_\_\_\_\_

Have you ever had an allergic reaction to any of the following? (Circle all that apply)

Medicine    Food    Animals    Sunscreens    Iodine    Pollen    AHAs    Fragrance    Shellfish    Latex    Drugs  
Cosmetics    Other: \_\_\_\_\_

Please explain in further detail: \_\_\_\_\_

Have you been under the care of a dermatologist or other medical professional in the last year?  No  Yes

If yes, please where and for what: \_\_\_\_\_

List any medications including prescriptions, over-the-counter, or supplements (multivitamins, herbal, etc.) you take regularly:

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Do you have any metal implants or wear a pacemaker?  No  Yes

Have you ever been treated for cancer?  No  Yes, please describe therapies used:

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Have you had any recent surgery, including plastic surgery, Botox, and dermal fillers (in the last 2-6 months)?

No  If yes, when and where on your body? \_\_\_\_\_

Do you follow a restricted diet?  No  Yes, describe \_\_\_\_\_

What is your stress level?  High  Medium  Low

Do you smoke?  No  Yes

Wear contact lenses?  No  Yes

Exercise regularly?  No  Yes

Do you have any piercings or tattoos (including permanent/semi-permanent makeup)?  No  Yes

If yes, where are they located? \_\_\_\_\_

How many cups of water do you drink per day? \_\_\_\_\_ cups    Coffee? \_\_\_\_\_ cups    Alcohol? \_\_\_\_\_ cups

How many hours of sleep do you get a night?  1-3 hours     4-6 hours     7-9 hours     10 hours +

**FEMALE CLIENTS ONLY**

Do you take birth control?  No  Yes

Are you pregnant or trying to conceive?  No  Yes

Are you lactating?  No  Yes

Are you menopausal?  No  Yes

**MALE CLIENTS ONLY**

Experienced shaving irritation?  No  Yes

Do you get ingrown hairs frequently?  No  Yes

Current shaving system?  Wet Shave  Electric



## CONSENT FOR TREATMENT

I understand all questions asked on these forms, and I have answered truthfully and honestly to the best of my knowledge. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. I fully understand that the services offered are not a substitute for medical care and treatment. I am aware that individual results are dependent upon my age, skin conditions, and lifestyle. I agree to actively participate in following all appointment scheduled and home care procedures to the best of my ability, so that I may obtain maximum results. In the event that I may have additional questions or concerns regarding my treatments or suggested home care routine, I will consult with my esthetician immediately.

The esthetician reserves the right to refuse service to anyone for any reason.

All client information is confidential, unless written consent is given by the client to allow disclosure to third-party.

The treatments are voluntary and I release and hold harmless the licensed esthetician, AliciaDion Beauty, and the institution, AliciaDion Beauty LLC. ®, from any liability for any and all adverse reactions, which may result from any treatment.

By signing below, I acknowledge that I have read and fully understand the information listed above.

Client Name (Printed): \_\_\_\_\_ Date: \_\_\_\_\_

Client Name (Signature): \_\_\_\_\_ Date: \_\_\_\_\_

Esthetician (Signature): \_\_\_\_\_ Date: \_\_\_\_\_

### FUTURE APPOINTMENTS/CONTACT

What is the best method to contact you about your future appointments?  Call  Text  Email

May I contact you via mail/email/text about future promotions?  No  Yes, which one? \_\_\_\_\_

Drop your usernames ☺ : FB: \_\_\_\_\_ Instagram: \_\_\_\_\_ SC: \_\_\_\_\_



### ACKNOWLEDGEMENT OF POLICIES

By signing below, I acknowledge that I have read and fully understand all of the following policies on the Alicia Dion Beauty. ® website in its entirety:

- |  |                       |
|--|-----------------------|
| 1. DEPOSIT POLICY                            | Client Initials _____ |
| 2. LATE ARRIVAL POLICY                       | Client Initials _____ |
| 3. RESCHEDULE/LATE CANCEL POLICY             | Client Initials _____ |
| 4. NO CALL/NO SHOW POLICY                    | Client Initials _____ |
| 5. NEW AND EXISTING MEDICAL CONDITION POLICY | Client Initials _____ |
| 6. REFUND POLICY                             | Client Initials _____ |
| 7. CHILDREN POLICY                           | Client Initials _____ |

Client Name (Printed): \_\_\_\_\_

Client Name (Signature): \_\_\_\_\_ Date: \_\_\_\_\_

Esthetician (Signature): \_\_\_\_\_ Date: \_\_\_\_\_